



NSINDAGIZA ORGANIZATION

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AGE WITH RIGHT GLOBAL RALLY

NSINDAGIZA Organization has organized a Round-Table in Kigali, on 02nd March 2023, in collaboration with government officials, National Commission for Human Rights, civil society and representatives of the older persons to share ideas on "Right to Health and Access to Health Services" and "Social Inclusion". The objective of the Round-Table was to identify the barriers older people face to enjoying their right to health and wider rights, and discuss about the role of each and everyone in the process to ensure quality services for all, and advocate for the UN Convention on the rights of older people

During the discussions, the following issues, which are key barriers to older people's access to wider rights as well as health and care rights, were raised:

- Insufficient insurance coverage. A lack of insurance often contributes to a lack of healthcare.
- Healthcare staffing shortages and lack of specialized health care personnel on older persons' health issues.
- Stigma and bias among the medical community against older persons.
- Transportation and work-related barriers.
- Lack of follow-up and absence of a public long-term care system.
- Lack of sufficient age inclusive and friendly public policy responses and meaningful participation of older persons in decision making processes, which influence access to health care services among other services and ensuring inclusion of older persons in policy actions.
- Loneliness and discrimination against older people (ageism, abuse and violence).
- Lack of knowledge in health and care for older people among the older persons and community including among the policy makers.
- Poverty related problems/financial hardships.

Recommendations:

- Governments to unite and support the United Nations to put in place a new Convention on the rights of older people, which will be a binding instruments for all the Governments to implement.
- The Government of Rwanda to support the UN Convention for the rights of older people by participating to the sessions of the Open-Ended Working Group on Ageing and submit written statements
- The Ministry of Local Government to put in place a multi-sectorial and multi-stakeholder Technical working group and coordination mechanisms for the implementation, monitoring and reporting of the National Older Persons' Policy as well as development of a resourced action plan and legal framework, which holds the answers of all the issues raised by the participants to the Round-Table

Fight for the rights and welfare of older persons, www.nsindagiza.org



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- The Ministry of health and Rwanda Biomedical Centre to put in place, coordination mechanisms for the implementation of the UN Decade of Healthy Ageing, Integrated Care for Older People (ICOPE) and Universal Health Coverage that is fit for the ageing world.
- Close collaboration of Government institutions, UN agencies, National Human Rights Institutions, Civil Society Organizations and development partners, in the promotion of the rights of older people and research and development.
- NSINDAGIZA to support and coordinate civil society support mechanism needed to support older persons know their health and care rights and how to actively engage and participate in decision making processes as well as promotion of intergenerational dialogues, leisure and sports to ensure ageing preparedness and older persons care by younger generations.